

As an Empowerment G.U.I.D.E what good would I be if I couldn't provide a route.
The first step is to find out where you want to go. The second is drawing a map. The third
step is why you are here! To create your strategy with a
P.O.S.T. (Plan Of Strategy Tablet)



You may not know me...
So let me share one thing
I would like for you to know.

If you have a dream,
If you are passionate
about some thing...

If you have have been
discouraged...
If you have had to give
it all up...

I can still be your friend
and my friends.....

They are in the business
of making your goals
a reality.

www.kenBIGblake.com

G.U.I.D.E.

Get Understanding Intuitively Designing Expansion

Now That We Know Where You Would Like To Go..

Let's Plan Your Strategy!!

P.O.S.T.

Need assistance? www.kenBIGblake.com/GUIDE

P.O.S.T.

PLAN OF STRATEGY TABLET



Everyone Loves To See Their POST Get Likes...

Now It Is Time To Create Your Personalized
P.O.S.T!

The Strategy For The Life You Would Truly
LIKE!

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WHY P.O.S.T?

Would you take a flight without a destination or a pre-planned route? You probably wouldn't! Then how would you expect to reach goals not defined, with a specific time or road map.....Ken BIG Blake



You Are Here Because You Decided To Commit And Put In The Work!!!

This plan of strategy tablet is a simple tool used to navigate your first year towards a purposeful outcome.

This guide is designed to move towards your most important goal month by month and quarter by quarter with milestones created by you.

You can also visit the more advanced yearly course at

www.thinkBIGacademics.com



Day 1 – Based Off The Ideal Life:

Who Do You Know or Need To Meet That Can Assist With Your Vision?

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

You must share your dreams with like-minded individuals that overcame their circumstances. They will assist in changing your mindset from CANT to CAN-TO. They can also put you in touch with their coaches / mentors to expedite your process. Start with your immediate circle and then those you need to know....

Day 1

What Do You Believe You Need To Learn Or Attain To Make This Ideal Happen?



1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

If you love to read then **READ** topics in alignment with your goal.

If you love tv..**WATCH** YouTube & TEDX shows concerning your goal.

If you love radio.. **LISTEN** to audiobooks while cleaning or driving.

If you want your first year to become your definition of success..**DO!**

It Is Important To Start Today!!

Monitor What You Read, Watch, Listen And Do!



Day 1

What Three Main Goals Do You Want To Accomplish This Year?

1. _____

2. _____

3. _____

Which Goal Is Most Important And Why?

We would love to focus 100% on the goal that is most beneficial for your achievement. It is hard to weigh one over the other. You can decide the percentage of time you want to choose for each one but we recommend using the most time for the main goal.

70% dedicated to the first goal and the other 30% can be split evenly or how you see fit for the second two.

**Lets get started on that first year, first quarter, first month
P.O.S.T.**

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Quarter 1 _____ - _____



What goal(s) do you need to accomplish this quarter?

What are the 4 biggest steps needed to accomplish it?

1. _____

2. _____

3. _____

4. _____

How Will You Accomplish This In 10 Weeks Time?



Month 1 _____

What goal do you need to accomplish this month?

What 4 biggest steps are needed to accomplish it?

1. _____

2. _____

3. _____

4. _____

How Will You Accomplish This In 3 Weeks Time?



Month 2 _____

What goal do you need to accomplish this month?

What 4 biggest steps are needed to accomplish it?

1. _____

2. _____

3. _____

4. _____

How Will You Accomplish This In 3 Weeks Time?



Month 3 _____

What goal do you need to accomplish this month?

What 4 biggest steps are needed to accomplish it?

1. _____

2. _____

3. _____

4. _____

How Will You Accomplish This In 3 Weeks Time?

Need assistance? www.kenBIGblake.com/GUIDE



Quarter 2 _____ - _____

What goal(s) do you need to accomplish this quarter?

What are the 4 biggest steps needed to accomplish it?

1. _____

2. _____

3. _____

4. _____

How Will You Accomplish This In 10 Weeks Time?



Month 4 _____

What goal do you need to accomplish this month?

What 4 biggest steps are needed to accomplish it?

1. _____

2. _____

3. _____

4. _____

How Will You Accomplish This In 3 Weeks Time?



Month 5 _____

What goal do you need to accomplish this month?

What 4 biggest steps are needed to accomplish it?

1. _____

2. _____

3. _____

4. _____

How Will You Accomplish This In 3 Weeks Time?

Need assistance? www.kenBIGblake.com/GUIDE

Month 6 _____



What goal do you need to accomplish this month?

What 4 biggest steps are needed to accomplish it?

1. _____

2. _____

3. _____

4. _____

How Will You Accomplish This In 3 Weeks Time?

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Milestone 3 - Reflect, Review, Revise, Repeat



Reflect – How Do You Feel? Have you done your best?

Review – What worked for you? What would you change?

Revise – How would you tailor this to better fit your needs?

REPEAT
The Process With Better Clarity And A Renewed Sense Of Purpose!

Need assistance? www.kenBIGblake.com/GUIDE

Quarter 3 _____ - _____



What goal(s) do you need to accomplish this quarter?

What are the 4 biggest steps needed to accomplish it?

1. _____

2. _____

3. _____

4. _____

How Will You Accomplish This In 10 Weeks Time?



Month 7 _____

What goal do you need to accomplish this month?

What 4 biggest steps are needed to accomplish it?

1. _____

2. _____

3. _____

4. _____

How Will You Accomplish This In 3 Weeks Time?



Month 8 _____

What goal do you need to accomplish this month?

What 4 biggest steps are needed to accomplish it?

1. _____

2. _____

3. _____

4. _____

How Will You Accomplish This In 3 Weeks Time?



Month 9 _____

What goal do you need to accomplish this month?

What 4 biggest steps are needed to accomplish it?

1. _____

2. _____

3. _____

4. _____

How Will You Accomplish This In 3 Weeks Time?

Need assistance? www.kenBIGblake.com/GUIDE



Quarter 4 _____ - _____

What goal(s) do you need to accomplish this quarter?

What are the 4 biggest steps needed to accomplish it?

1. _____

2. _____

3. _____

4. _____

How Will You Accomplish This In 10 Weeks Time?



Month 10 _____

What goal do you need to accomplish this month?

What 4 biggest steps are needed to accomplish it?

1. _____

2. _____

3. _____

4. _____

How Will You Accomplish This In 3 Weeks Time?



Month 11 _____

What goal do you need to accomplish this month?

What 4 biggest steps are needed to accomplish it?

1. _____

2. _____

3. _____

4. _____

How Will You Accomplish This In 3 Weeks Time?



Month 12 _____

What goal do you need to accomplish this month?

What 4 biggest steps are needed to accomplish it?

1. _____

2. _____

3. _____

4. _____

How Will You Accomplish This In 3 Weeks Time?

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Year 1 Complete - Reflect, Review, Revise, Repeat



Reflect – How Do You Feel? Have you done your best?

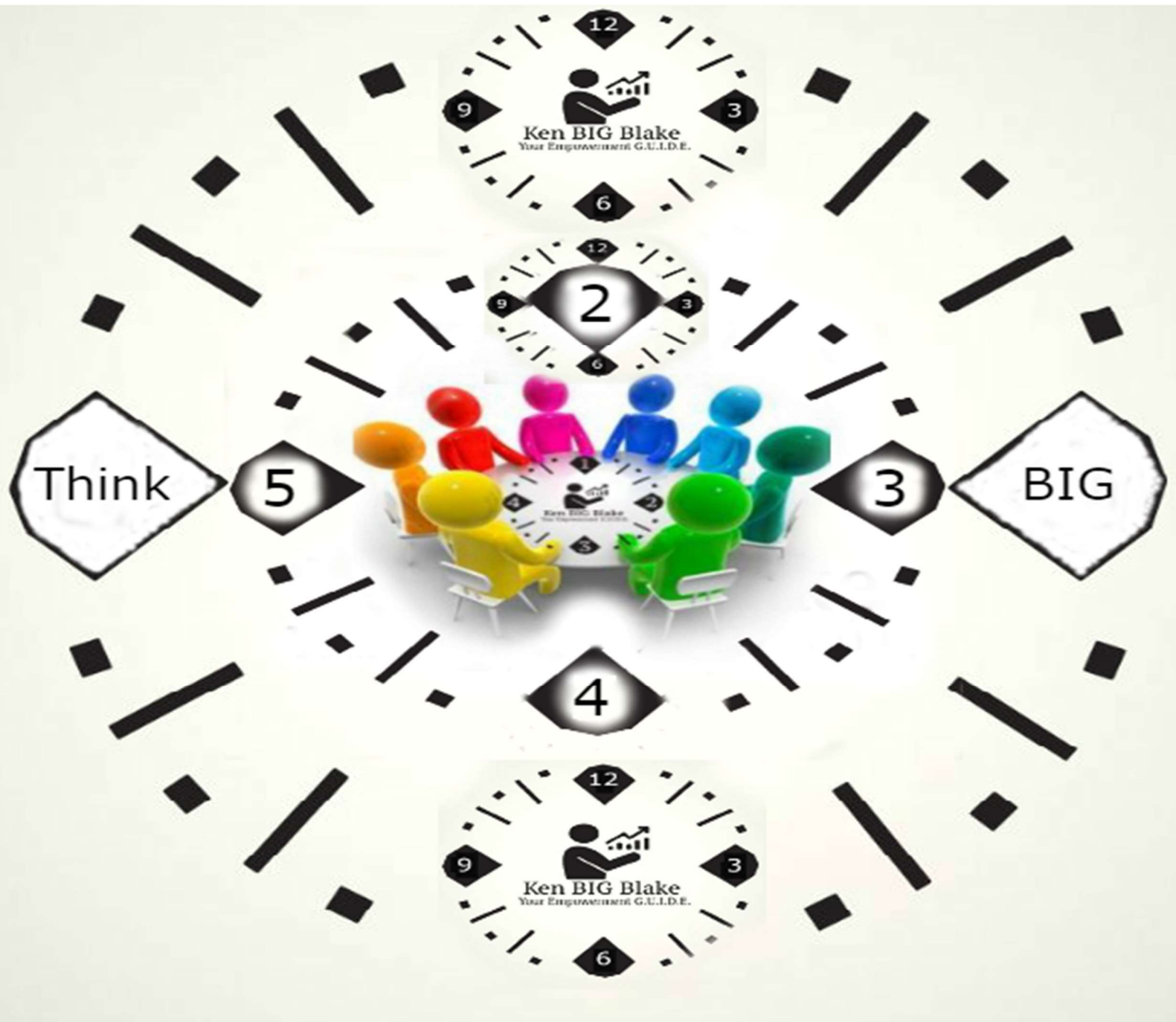
Review – What worked for you throughout this process? What would you change?

Revise – How would you tailor this to better fit your needs?

REPEAT

The Process With Better Clarity And A Renewed Sense Of Purpose!

Lets Reach The Life You Have Planned!!!



Most Personal Development Plans Fail The First 60 to 90 Days!

Most Businesses Fail Within The First Two Years!

Most Of The Time The Goals Are Not On Paper!

Congrats For Finishing Your 1st Year Plan!

Join Us To Amplify Your Success!!

www.thinkBIGacademics.com